Gabriela

Product design **Human Behavior**

Portfolio

Architecture Urban Planning

Hi there.

Getting to know me

I'm graduated in architecture and urban

planning at Universidade Católica de Pernambuco, with a complementary undergraduate certificate from Columbia

currently living in São Paulo.

I'm Gabi, born in 94, raised in Recife and

University, Kent State University and State University of New

I work mainly with design and human behavior, adopting psychology, **neurology** and **perception** concepts as grounding & considering business

premisses, objectives and key results.

York, where I have taken design, human

behavior and arch/urb classes with full

scholarship.

My motto is "the difference between good design and great design is intelligence"

expected gains

target public



interview?

"Who am I talking to?"

physical conditions?

PROJECT: RUNNYES

Main Objective

UX RESEARCH + UI

How might we help amateur runners avoiding physical complications and injuries

Get to know:

Our target public: how is their journey and what are their jobs to be done;

In what consists a good experience in this scenario: their expected gains

What are considered physical complications and injuries for them: their pain;

challenge: pains identifyed

by guiding them throught an adequate

training and preparation for their goals and

2. What are the specific objectives; 3. Which interview/data collection type is the best bet for what we want to discover.

1. What is the main objective of the research;

What's the first thing you would want to get to know when conducting an

For an in-depth interview, the first steps to take into consideration are:

For the **main objective**, we would want to consider the "**How Might**"

We" challenge, alligning user and business interests. How might we

Afterwards, it's interesting to break the main objective into specific ones,

so that we understand who we are talking to and what we are talking

deliver a certain value or experience?

These are the verbs that guide us in these first steps.

Check out the example on the left.

about. Exploring, understanding, discovering, identifying, defining, and so on.

Each and all of them have their own value, it's left for the interviewer

For that case, structured interview was chosen because I wanted to ask

to decide which type will lead into more valuable data.

what does the place they run in have to **Specific Objectives:**

Identify what they do to avoid

Define what equipments they

1. Let the interviewee know your **intentions** on the research;

2. Talk to the interviewee! It all sums up to human-to-human bonding;

3. Let the person comfortable to share her/his ideas - there is no right or wrong

4. The interviewee is not duty-bounded to anything, we are grateful for their time in

Discover where amateurs usually run;

injuries; understand adopted solutions to their real concerns and

what are these concerns.

say about the quality of their

experience?

normally use to have a better performance; what are the channels they are already using to cooperate into their running activity.

5. Watch out for biased questions, choose to use "what do you do for" instead of "would you", for example; 6. Ask permission to record the interview, and get the allowance on tape.

specific questions and guide the content on our talks - a qualitative approach was also elected so that behavioral data rather than just attitudinal ones would be collected.

Interview modalities

1. Unstructured interview

3. Structured interview

2. Semi-instructured interview

- Once we know how to address to the interviewees and have a script on hands, it's time to recruit them.
- 30 minutes was enough time for the conversation and questioning, and

conclusive data, including the runner's journey, was gathered.

People practice amateur running because it's a financially convenient,

Amateur running is not necessarily the only physical practice one

Amateur runners adjust their running schedule according to their

Amateur runners value this activity for the fast physiological and

Corrida

Se alonga/se aquece

performance?

Disposição

Amateur runner's Journey Map

ETAPAS

Fazendo

Experiência

ATRITOS

Oportunidades

dia anterior Antes de dormir

Separa bolsa e roupa para o

Checa a previsão do tempo

Vê o treino do dia seguinte

Receio em relação ao

tempo/clima de amanhã

Arrumar as coisas pro outro dia

cansado no fim do dia

Preocupação

dia seguinte

para o dia seguinte

answer;

Best practices:

prior to the running activity. It was understood that the decision to start running journey was irrelevant at this point.

The journey mapping started on the day

celular/cinta cardíaca (gadgets) - Estou me sentindo disposta ou - Todos ainda estão dormindo - Como ou corro em jejum? - Minha roupa está apropriada Pensando - Vou organizar minhas coisas Sinto meu sangue circular indisposta? para ganhar tempo de manhã -Hoje será um dia bom? - Qual o tênis mais apropriado para o treino de hoje? - Como será o dia amanhã? para o tempo hoje? Uso meia de compressão? Bermuda ou calça? Corta-vento camiseta curta ou longa, gorro c não? - Sono e cansaço - Empolgação para o dia de Sentindo

- Empolgação para o desafio do

Disposição/indisposição

Acordar cedo, antes de todo

roupa ontem, tenho que validar

Apesar de ter separado a

se posso manter minha

previsão do tempo

Disposição

Preocupação

mundo

Sketching a persona and **empathyzing** with their motivations > Designing a solution for some of the prioritized pains gathered.

dia da corrida

Acorda

Realiza higiene pessoal

Alimentação

- Empolgação para o desafio do

- Disposição/indisposição

Quer uma refeição rápida, se

for preparar do zero pode se

Olá, Alberto

Como se sente hoje? Humor, sintomas, energia..

Dados antropométricos Seu peso, altura, IMC.

Patologias e saúde

Seu quadro clínico geral

Medicamentos

If so, by what means?

By **posting** and **displaying** pictures that epresent frames of one's life, it is possible to

gets to know about it.

deliver it to people nearby.

when the page is refreshed.

truth behind one's sight"

Not only it is possible to show mutual interest by

liking posts and pictures, **commenting** on it, it

also allows **private conversation**, **voting**

control the way of being perceived, and who

By **posting** and **displaying** pictures, music

up a personality, distinguish themselves and

aste, following certain contents, user's can set

t is possible to **explore** all sorts of content, from

videos - it always has something new to display

beauty and decoration to health and surgery

Suas prescrições médicas

Dia a dia

Amanhã é dia de corrida

(J

Preocupação

atrasar

Se hidrata e come algum carboidrado de rápida/lent

absorção

Preparo

equipamentos para sua corrida

- Energia para começar! - Sente-se desafiado!

Todo dia vestir a parafernalha

que avalia meu desempenho

e isso causa estresse

Preocupação

Se alonga

Pega e prepara os

Estou esquecendo algo? Tranquei a porta de casa?

Sai de casa

Confere se está levando tudo

Confere a casa antes de sair

- Determinação

segurança

Disposição

Felicidade

Guiding principles:

flexible and accessible exercise;

routines, which may vary

physical body response.

Pausa gadgets de corrida Checa os detalhes do treino no celular e informa ao app com qual tênis o treino foi feito - Me sinto bem? - Sinto algum desconforto? - Ufa! Mais um dia. - Missão cumprida Como me saí com meu ercurso, altimetria, volta a volta Estou batendo minha melhor - Como será o resto do meu dia

Fim do trajeto

Caminha para soltar a

Se alonga/desaquecimento

Para para respirar e observa

Pós-experiência

Volta para casa/chega no

Realiza higiene pessoal

Disposição

Ter que repetir o processo

Gráfico de impressões

Alberto, aqui estão as causas mais

recorrentes de como você se sente

entre corredores:

Felicidade

Toma café da manhã normal

variação dos batimentos, tempo sugerido de descanso, tamanho da passada, cadência, variação O que está acontecendo em minha volta? Estou seguro? horizontal, tempo de contato cor solo, e % de tempo em cada - Desgaste físico Satisfação CuriosidadeOrgulho/frustração - Orgulho - Cansaço/disposição

Disposição

Felicidade

Se ruim, porque meu desempenho foi dessa forma? Todo dia verificar a parafernalha Receio de estar num local que esse desconforto não é normal que avalia meu desempenho e apresente insegurança na ver se deixei a casa ok atividade O que significam todos esses

The **product outcome** is a platform where amateur runners register

able to track their progress and get tooltips on improving their

awareness on possible and ongoing wears that most occur with

runners. The platform also gives room to plugging a Health Care

service player.

Alberto

Qual seu **primeiro nome?**

qwertyuiop

s d f g h j k l

z x c v b n m 🗵

their goals, along with their **biotype** and **lifestyle**. In **Runnyes**, they are

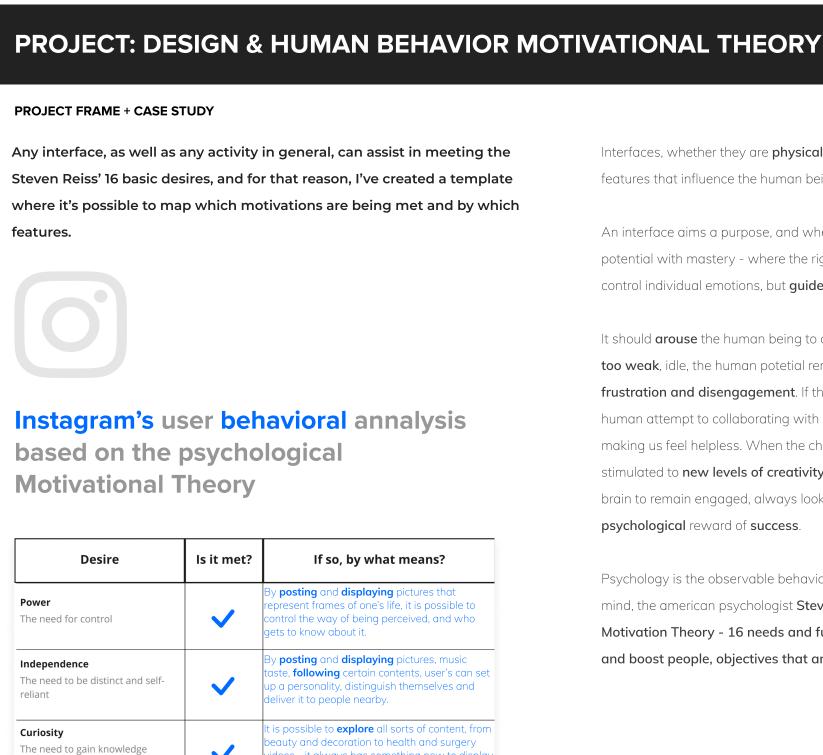
The following steps to the research were: **Debriefing** the research data and identifying behavior and profile **patterns** >

Gráfico de impressões Como têm sido os seus dias Como melhorar Sugestões de como se cuidar

Runnyes

Fazer cadastro

Entrar



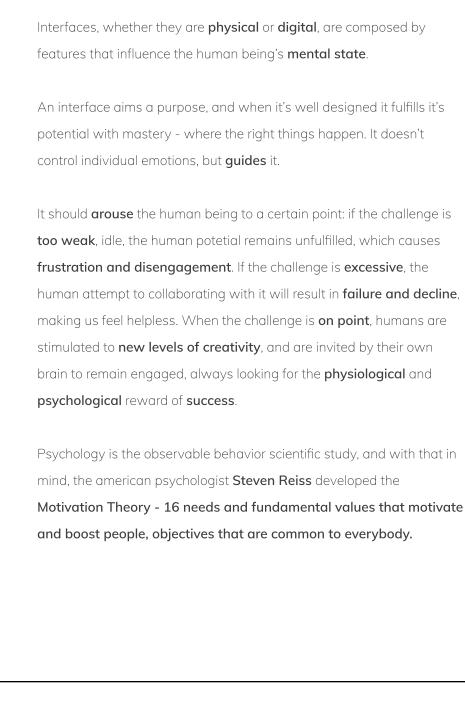
Social contact

The need for relationship with



sessions, and many ways of bonding. **Family** The need of taking care Number of followers likes and comments prove Social status he world one's status level. The need for social significance t can be targeted by **sharing** gains, Vengeance possessions and wealthiness, and being able to The need to strike back against compromise the audience with one's preferable another person **Likes** that come and go, **private conversation** and **story response** sessions - tips delivered in the need for mating or sex different extents, analogous to real world steps. All sorts of **food**, **products** and **experiences** are **Eating** displayed enhancing the will of consumption -The need of consumption one's also able to **place orders** through it. Physical stereotypes are **promoted** and **Physical activity** nfluencers often **guide** users to accomplishing The need for work out of the their idea of fitness and body motion. Turn your account into **private** and **report Tranquility** nnapropriate content and contact. The need to be secure and protected **PROJECT: FUTURE YOURSELF ARCHITECTURAL PROJECT** context empathy ideate covid-19 + flexible space non-static bed define prototype space to plural activities -the ones that used to be performed outdoors work dedicated area + natural light versatile furnishing vorkout, homeofficing adaptability y-o, IT worker basic user journey: sleep 33% cook 16% floor plan gif work 33% workout 18% user interaction x space: flexible and fictile modificating ind learning prepared spac

Marque uma consulta Gráfico de impressões + Health Care service player



The ways in which an individual can respond to an artifact vary, and although we all perceive our surroundings slightly differently, we all respond to it in consistent ways. That's why and how we are able to mobilize diferent people, personas and publics - by basing our choices on the human being, which is the common factor among all of us. In this case study, I am going to evaluate **Instagram** under these preceits. It's a worldwide popular channel where people often feel persuased to spend many hours per day. How is it capable of addressing so many different people, regions and

By following this template, it is possible to plan on delivering values

still stablish a strong bond among them all?

I invite you to check the analysis on the left.

that will be embraced by all sorts of expectations.

perform their activities during covid-19's scenario.

The project's challenge was to turn a small apartment in downtown into a

multifunctional space in which one or two users would be able to

The premisse taken into consideration was that spaces need to serve

different uses contemplating a level of plasticity, so that during the day

the house changes according to the activities conducted, not necessarily

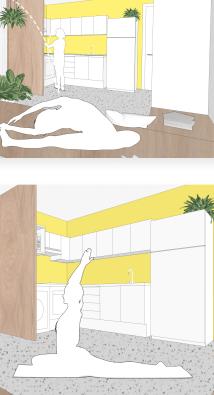
having conditioned spaces to particular single ones - everyday it has a

different format, always considering how fast things and people





Floor plan - after (display 2)



Floor plan - after (display 3)

test

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THANK YOU FOR STOPPING BY.

TALK TO ME, WE CAN GO TO PLACES.